## What should I do in the event of a medical emergency?

You can play your part in ensuring that the emergency services and the hospital's accident and emergency (A&E) ward are not overstretched. If you have a health problem, please contact the appropriate service:

- If there is a risk of death, call the ambulance emergency number 144
- In the event of urgent health problems that are not life-threatening, always consult your general practitioner (GP) first
- If you have dental problems, contact your dentist
- Contact a paediatrician if your child has a non-life-threatening health problem
- Visit a pharmacy if you need medicinal products or have a minor health concern

++	<b>If there is a risk of death</b> e.g. stroke, heart attack, accident, severe burns, poisoning, loss of consciousness	Ambulance emergency number
	If your general practitioner cannot be reached and there is a medical emergency that is not life-threatening	O900 008 008 (CHF 3.23 per min.) Emergency telephone number
	If in need of confidential and free counselling for children and adolescents at any time e.g. worries, fears or depression	I47         Pro Juventute         147.ch
	If in need of anonymous, confidential and free counselling for adults at any time e.g. worries, fears or depression	143 Dargebotene Hand / Sorgentelefon (Samaritans) 143.ch
W	If you have an urgent dental problem and cannot get hold of your dentist	O844 22 40 44 Emergency dental service sso-zug.ch

## Other contacts

Find a general practitioner or paediatrician

Information and services for people in need of care and their relatives

Canton of Zug addiction counselling service

Locations of defibrillators Zug Society for General Practitioner Medicine

Care and nursing in the Canton of Zug

www.zugham.ch/en/find-afamily-doctor/

pflege-zug.ch

suchtberatung@zg.ch 041 728 39 39

defikarte.ch



zg.ch/notfall